

DESCRIPTION AND SYLLABUS

Name of the subject in Hungarian:	Effective Study Skills
Name of the subject in English:	Effective Study Skills
Credit value of the subject:	4
The code of the subject in the electronic study system:	BN-EFSTUK-04-GY
Classification of the subject:	Optional
Language of instruction (in case of non-Hungarian courses):	English
Institute or department responsible for the subject:	Institute of Foreign Languages
Course type and number of contact hours:	Practical, class per week: 2, class per semester: 0
Mode of study: (Full-time / Part-time):	Full-time training
The semester in which the subject is open for registration:	2022/2023 1st semester
Prerequisite(s):	-

THE PURPOSE OF THE SUBJECT, LEARNING OUTCOMES:

The aim of this course is to cover the important and fundamental areas, as well as new methods, of studying and learning so that students can maximise both their time resources and improve their skills in this field. It has been designed to teach students different studying approaches, including personal management skills and disciplines to ensure that they become successful and effective learners. The course also aims to motivate the students into becoming more efficient in how they study, absorb and apply information, thereby increasing their chances of reaching higher grades and success in the long term. By the end of the course students will be able to apply their preferred learning style to coursework in classroom and homework settings to maximum learning potential. They will be able to apply note-taking strategies, utilize time management techniques to create a study schedule and manage procrastination as well as to employ effective reading strategies for learning.

SUMMARY OF THE CONTENT OF THE SUBJECT

The course structure ensures that a basic foundation for effective learning is established covering disciplines such as maintaining health, time management, self-motivation, etc. as well as key methods to learn and retain information. The course also focuses on core skills to get the most out of classes and home studying, in order to achieve the best possible exam scores. Skills to improve confidence and process and present information are also covered as well as practical approaches with regards to making constructive decisions and dealing with the stress that accompanies the demands of studying.

STUDENT'S TASKS AND PLANNED LEARNING ACTIVITIES:

The students are expected to actively take part in the lessons for example: note taking, completing hand-in assignments (from instructions published on Coospace) which will include basic research, summarizing texts, etc. and to make short presentations contributing to the class.

EVALUATION OF THE SUBJECT:

Written exam with short questions, based on the actual materials will count for 50% of the result, a presentation 25% and successful completion of class tasks and activities 25%. In order to pass the course the student needs to achieve 60% in all 3 areas.

Grading:

Below 60% - Fail (1)

60%-69% - Pass (2)

70%-79 - Satisfactory (3)

80%-89% - Good (4)

90% and above - Excellent (5)

The knowledge acquired in the course of practical classes is assessed in the term-time by practical grades. Practical grades evaluate the practical work done by the student in the course of the whole term. It qualifies the level on which students can put their theoretical knowledge into practice. Students must fulfil the requirements of practical classes during term-time. Practical grades are awarded on a five-grade scale.

OBLIGATORY READING LIST:

- Weinstein, Yana,: *Understanding how we learn : a visual guide.* , 2019

RECOMMENDED READING LIST:

- Deng, Li: *Deep learning : methods and applications.* now Publishers Inc., 2014
- Hattie, John: *Visible learning and the science of how we learn.* Routledge, Taylor & Francis Group, 2014
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